

## Lemonade & Arnold Palmer



Straight Up  
Mint  
Strawberry Mint  
Blueberry Mint  
Pineapple Ginger  
Cherry Limeade  
Strawberry Lime

**\$3.99**

**\$4.99**

## House-Made Potato Chips & Sweet Potato Chips



TRY ONE  
WITH A  
DIPPER!

POTATO  
CHIPS \$2.49  
SWEET POTATO  
CHIPS \$3.49

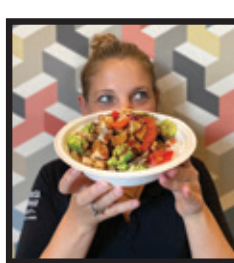
## Red Bull Spritzers

NEW

Pineapple Habanero  
Red Bull Spritzer  
Blackberry Peach Mojito  
Red Bull Spritzer  
Passion Fruit Watermelon  
Blueberry Spritzer  
Dole Whip Pineapple  
Red Bull Italian Soda  
Orange Creamsicle  
Red Bull Italian Soda

**\$5.99**

Side House Salad \$3.99  
Side Caesar Salad \$3.99  
12oz Can Soda \$1.79  
24oz Iced Tea \$2.49  
32oz Iced Tea \$2.99  
24oz Water \$2.29  
Chicken Noodle Soup  
Cup \$3.99 Bowl \$5.99  
Chocolate Chunk  
Cookie \$1.79



## Shanghai Joe's RICE BOWLS

All bowls served with choice of Grilled Chicken, Crispy Chicken, Pork, Eggplant or Organic Veggie Burger. Grilled Steak and Salmon available for additional charge. Served over White Basmati Rice. Brown Rice additional charge.

### TERIYAKI RICE BOWL \$13.49

Broccoli, Red Peppers, Sautéed Onions and Mushrooms & Teriyaki Glaze over Rice

### GF CHIMI BOWL \$13.49

Plantains, Black Beans, and House-made Chimichurri Sauce served over Rice

### THAI RICE BOWL \$13.49

Sautéed Onions, Red Cabbage, Carrots, Red Peppers & Sweet Thai-Peanut Sauce over Rice

### GF CILANTRO BOWL \$13.49

With Rice, Black Beans & Fresh Made Salsa

### STIR FRY BOWL \$13.49

Shredded Kale, Brussel Sprouts, Radicchio, Cabbage, Carrots, Grilled Onions, Red Peppers & our Teriyaki Sauce served over Rice

### SOUTHWEST STYLE RICE BOWL \$13.49

Sautéed Onions, Red Peppers, Black Beans, Corn, Sour Cream, Homemade Salsa and Cheese over Rice

### BBC RANCH BOWL \$13.49 NEW

With Corn, Black Beans, Jack and Cheddar Cheese, Avocado, Cucumber and Crispy Onion Straws, served over your choice of base

## Build UR Own Bowl \$13.49

### CHOOSE ONE BASE

- Cilantro Basmati White Rice
- Brown Rice
- Raw Kale Mix
- Cooked Kale Mix
- Lettuce

### CHOOSE ONE PROTEIN

- Grilled Chicken
- Crispy Chicken
- Grilled Steak \$+
- Salmon \$+
- Pulled Pork
- Organic Veggie Burger \$+

### CHOOSE YOUR TOPPINGS

- Black Beans
- Grilled Onions
- Grilled Green Peppers
- Grilled Mushrooms

- Sour Cream
- Fresh Tomato Salsa
- Lettuce
- Shredded Cheese
- Guacamole \$1.99

### CHOOSE A SAUCE

- Teriyaki Sauce
- Thai Peanut Sauce
- Chimichurri Sauce
- Cilantro Lime Sauce
- Chipotle Ranch
- Extra Sauce \$1

## WRAPPER'S DELIGHT

GLUTEN FREE  
WRAP AVAILABLE

### GF BACON CHICKEN CAESAR WRAP \$10.99

Grilled Chicken Breast, Bacon, and Caesar Salad

### GF CHICKEN PESTO WRAP \$10.99

Grilled Chicken, Pesto Sauce with Roasted Red Peppers, Tomatoes, Fresh Mozzarella, and Lettuce

### GF GREEK CHICKEN WRAP \$10.99

Grilled Chicken, Feta Cheese, Green Peppers, Red Onions, Olives, Tomato and Lettuce with Honey Balsamic Dressing

### TUNA CRUNCH WRAP \$10.99

Tuna Salad, Crunchy Carrots, Chowmein Noodles, Crisp Lettuce & Tangy Sesame Ginger Sauce on the side

### TUNA VEGGIE WRAP \$10.99

Tuna Salad, Carrots, Cucumber, Tomato, Lettuce, Red Onion, and Sprouts

### GF FAJITA WRAP \$10.99

Grilled Chicken Breast, Sautéed Onions and Peppers, Rice, Cheese, Salsa and Sour Cream

### GF HUMMUS VEGGIE WRAP \$10.99

Hummus, Shredded Carrots, Lettuce, Tomato, Cucumber, Red Onion, Alfalfa Sprouts, Almonds and Red Pepper Almond Sauce

### THE PARIS HILTON (IT'S HOT!) \$10.99 NEW

Crispy Chicken, Provolone Cheese, Grilled Onions, Arugula and Chipotle Ranch on the side. (Wimps can choose Ranch!)

### ISLAND BURRITO \$11.99 NEW

House-made Roast Pork, Sweet Plantains, Roasted Red Peppers, Avocado, Arugula, Chimi Aioli



## ADAM & JOE'S

# Q1 Lunch Awesomeness

Available Jan 2-Mar 29 2024

## Monday

### SUNDRIED TOMATO TUSCAN CHICKEN \$12.99

Grilled Chicken Breast in a Sundried Tomato Cream Sauce served over Penne Pasta

## Tuesday

### ADAM'S RAMEN NOODLE BOWL \$11.99

Ramen Noodles with a Fried Egg, Cilantro, Cashews, Carrots and Broccoli with Beef broth. With Chicken or Pork

## Wednesday

### BALSAMIC GLAZED MEATLOAF \$11.99

Home-made meatloaf served with "Real" Mashed Potatoes.

## Thursday

### MEAT LASAGNA \$11.99

Traditional Italian Meat Lasagna with Ricotta and Meatballs.

## Friday

### BUFFALO MAC & CHEESE \$12.99

Gourmet Mac & Cheese topped with Crispy Chicken, Hot Wing Sauce and Blue Cheese Sauce

### CHICKEN BACON PARM MAC \$11.99

Gourmet Mac & Cheese topped with Grilled Chicken, Bacon with Ranch Sauce

## Healthy Options

### Monday GF

### BRUSCHETTA CHICKEN \$12.99

Grilled Chicken Breast topped with Bruschetta Tomatoes served with a Roasted Vegetable Medley

### Wednesday GF

### PESTO SALMON BOWL - \$14.99

Grilled Salmon topped with Pesto and Balsamic Glaze served with a Roasted Vegetable Medley

### Friday GF

### MEDITERANEAN CHICKEN - 12.99

Grilled Boneless Chicken Thighs served with Roasted Lemon Potatoes and Grilled Green Beans

### Tuesday GFO

### CITRUS APPLE CHICKEN SALAD \$14.99

Grilled Chicken on a bed of Spring Mix and Granny Smith Apple Fennel Cabbage Slaw, Feta Cheese, Candies Pecans, Mandarin Oranges, Red Cabbage, Red Onions, Shredded Carrots with an special Orange Raspberry Vinaigrette.

### Thursday

### WRAP NOUVEAUX - \$11.99

Grilled Chicken, Roasted Veggies, Feta, Spring Mix and Red Pepper Aioli

### Soups

Monday - Mushroom Barley

Tuesday - Pea Soup

Wednesday - Cream of Baked Potato

Thursday - Southwest Vegetable

Friday - New England Clam Chowder



*Your Staff is Hungry,  
Better call Adam & Joe's*

"Delivering Your Lunch  
Since 1992!"



FRESH  
SANDWICHES  
SALADS  
WRAPS

Today I'll be  
having lunch  
from...

# ADAM & JOE'S

GOURMET CATERING & EATERY

BURGERS  
RICE BOWLS  
SMOOTHIES

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www.AdamAndJoes.com

Scan to  
Order Now!



WE DELIVER!

Delivery Fee \$3.49

6355 N Andrews Ave, Ft Lauderdale  
Open for Lunch Monday-Friday 10:30a-2p  
FREE COOKIES WHEN YOU ORDER ONLINE!

Please go to AdamAndJoes.com for current pricing.

V = VEGAN GF = GLUTEN FREE GFO = GLUTEN FREE WITH MODIFICATIONS



# SIEGEL SANDWICH CO. MENU

Served on your choice of Fresh Baked Ciabatta or House-made Focaccia or White or Wheat Sub Roll or Sliced White and Wheat breads or Tomato or Wheat Wrap. Gluten Free Wrap Available



## The Ferrari - Italian

Sm \$9.79 Reg \$12.49 Super \$14.49  
Ham, Cappicola, Salami, Provolone Cheese, Onion, Green Peppers, Hot Peppers, Lettuce, Tomato & Italian Dressing

## Gourmet Tuna

Sm \$9.79 Reg \$12.49 Super \$14.49  
Tuna Salad, Provolone Cheese, Hot Peppers, Onions, Lettuce, Tomato & Italian Dressing

## So L.A.

Sm \$11.79 Reg \$13.49 Super \$15.49  
Turkey, Avocado, Swiss Cheese, Sprouts, Lettuce, Tomato & Mayo

## Joe's Club

Sm \$11.79 Reg \$12.99 Super \$15.49  
Turkey, Bacon, Swiss Cheese, Lettuce, Tomato & 1000 Island Dressing

## The Funky Chicken

Sm \$9.79 Reg \$13.49 Super \$15.49  
Chicken Salad, Avocado, Swiss Cheese, Sprouts, Lettuce, Tomato & Mayo

## Charlie's Favorite

Sm \$9.79 Reg \$11.99 Super \$14.49  
Tuna Salad, Avocado, Swiss Cheese, Sprouts, Lettuce, Tomato & Mayo

## Velvet Steam Roller

Sm \$9.79 Reg \$12.49 Super \$15.49  
Chicken Salad, Bacon, Swiss Cheese, Lettuce, Tomato & Mayo

## Rule Britania

Sm \$11.79 Reg \$13.99 Super \$16.49  
Roast Beef, Cheddar Cheese, Creamy Horseradish Sauce, Lettuce & Tomato

## The Jaw Breaker

Sm \$9.79 Reg \$12.49 Super \$14.49  
Turkey, Ham, Swiss Cheese, Lettuce, Tomato & Mayo

## Beef on 'Coccia

NEW \$13.99  
Roast Beef, Roasted Red Pepper Aioli, Fresh Mozzarella, Lettuce and Tomato.

## Soprano Chop Sub

NEW \$m \$9.99 Reg \$12.99 Super \$14.99  
Diced Salami, Hot Ham, Ham, Fresh Mozzarella, Tomato, Red Onion, Italian Salsa Verde, Pepper S'otto Relish, Arugula, Mayo and Balsamic Glaze on a Sub Roll.

## Sundried Turkey

NEW \$m \$11.79 Reg \$13.49 Lg \$15.49  
Turkey, Provolone, Cucumber, Tomato, Arugula, Sundried Tomato Aioli

## Turkey

Sm \$10.79 Reg \$12.49 Super \$15.49  
Oven Roasted Turkey Breast with Swiss Cheese, Lettuce, Tomato, Mayo & Italian Dressing

## Roast Beef

Sm \$11.79 Reg \$13.99 Super \$16.49  
Roast of Beef with Swiss Cheese, Lettuce, Tomato, Mayo & Italian Dressing

## Chicken Salad

Sm \$10.79 Reg \$11.99 Super \$15.49  
All White Meat Chicken Salad made in house with Swiss Cheese, Lettuce, Tomato, Mayo & Italian Dressing

## BLT

Sm \$9.79 Reg \$11.99 Super \$14.49  
Mounds of Fresh Crispy Bacon with Lettuce, Tomato, Mayo & Italian Dressing

TO PLACE YOUR ORDER: 954-771-7226



**6oz Beef or Vegan Organic Veggie Burgers on White or Honey Oat Wheat Buns.**

## THE CHEESE BURGER

\$9.99  
With Lettuce, Tomato and Mayo

## BACON CHEESE BURGER

\$10.99  
With Lettuce, Tomato and Mayo

## MUSHROOM ONION CHEESE BURGER

\$10.99

Lettuce, Tomato, Swiss, Grilled Onion & Mushrooms and Mayo

## BLEU CHEESE BACON BURGER

\$10.99

Crispy Bacon, Crumbled Bleu Cheese, Lettuce, Tomato and Mayo

## BBQ RANCH BURGER

\$10.99

Swiss Cheese, Bacon, Grilled Onions Lettuce, Tomato and BBQ Ranch Dressing

## PESTO BURGER

\$11.99

Pesto Aioli, Balsamic Glaze, Fresh Mozz, Provolone, Tomato, Roasted Red Peppers, Arugula on a toasted Ciabatta

## 'SMOKIN' CHIPOTLE BURGER

NEW \$10.99

Swiss Cheese, Bacon, Fried Crispy Onions, Lettuce, Tomato and Chipotle Ranch Aioli

**NOW SERVING HOUSE-MADE POTATO CHIPS \$2.49 & SWEET POTATO CHIPS \$3.49 TRY SOME WITH A DIPPING SAUCE!**

Consumer Advisory: Consuming raw or undercooked meat, eggs, poultry or seafood increases your risk of contacting a foodborne illness - especially if you have certain medical conditions.



Served on your choice of Fresh Baked Ciabatta or House-made Focaccia or White or Wheat Sub Roll or Sliced White and Wheat breads or Tomato or Wheat Wrap



## CHICKEN PESTO BALSAMIC

\$13.49  
Grilled Chicken, Fresh Mozzarella and Provolone Cheese, Tomato and Pesto Sauce

## CHICKEN PARMESAN

\$13.49

Hand Breaded Chicken Breast, Provolone Cheese, Marinara Sauce and Arugula

## ITALIANO

\$12.99

Grilled Ham, Salami, Cappicola, Fresh Mozzarella, Tomato, Red Onions, Arugula & Garlic Spread

## CHICKEN MILANESE

\$13.49

Hand Breaded Chicken Breast, Arugula, Fresh Mozzarella, Tomato, Basil, Balsamic Glaze

## ARY'S BRONX BOMBER

\$13.99

Grilled Chicken with Bacon, Provolone, Grilled Onions, Hot Peppers & Chipotle Ranch

## PRIME RIB

\$13.99

Slow Cooked Prime-Rib of Beef, Caramelized Onions, Bacon, Swiss and Cheddar Cheese with Creamy Horsey Sauce

## TUNA HOT HOT HOT!

\$12.99

Tuna, Provolone, Hot Peppers, Red Onion, Tomato & Garlic Spread

## B-T-AVOCADO

\$12.99

Bacon, Sun Dried Tomato Aioli, Avocado, Tomato, Swiss and Fresh Mozzarella Cheese

## ROASTED VEGGIE STACK

\$12.99

Roasted Eggplant, Roasted Red Peppers, Tomato, Fresh Mozzarella, Pesto Aioli, Arugula and Balsamic Glaze

## TUSCAN TUNA

\$13.49

Tuna Salad, Swiss, Tomato, Arugula, and Roasted Red Pepper Aioli

## THE AUBERGINE CLASSIC

\$12.99

Eggplant, Fresh Mozzarella, Grilled Onions, Fried Peppers, Balsamic Glaze & Garlic Spread

## THE BLACK PIG SANDWICH

NEW \$15.99

Adam went to London and brought this back for you! Roasted Pork or Crispy Chicken Breast with Honey Truffle Mayo, Apple Fennel Slaw, Italian Salsa Verde, Pepper S'otto Olio(Sweet & Hot Pepper Relish), and topped with aged Shredded Parm served on a toasted Ciabatta Bread!!!

## STEAK PHILLY OR CHICKEN PHILLY

\$m \$10.09 Reg \$11.99 Super \$15.49

A healthy portion of Grilled Meat, Provolone Cheese and Sautéed onions. Horsey sauce available upon request.

## TERIYAKI CHICKEN

\$m \$10.09 Reg \$11.99 Super \$15.99

Teriyaki Grilled Chicken, Sautéed Onions and Mushrooms on a toasted sub roll

## MEATBALL PARM

\$m \$9.79 Reg \$11.99 Super \$14.49

Italian Meatballs, Provolone Cheese and Marinara Sauce on a toasted sub roll

## THE CUBAN

\$m \$9.99 Reg \$12.99 Super \$14.99

With Mojo Pulled Pork, Ham, Swiss, Yellow Mustard & Pickles

# WEDGE'S SALADS

Add to any Salad: Grilled Chicken Breast, Hand Breaded Crispy Chicken, Tuna Salad, Chicken Salad, or Organic Veggie Burger \$4.59 : Grilled Salmon \$6.99

## Joe's Caesar Salad

(395cal) Regular \$9.99 Smaller \$7.99  
Crisp Romaine Lettuce, Parmesan Cheese and Croutons. Mixed with our Homemade Caesar Dressing

## GF Greek Salad

(227cal) Regular \$11.99 Smaller \$8.99  
A Bed of Lettuce, Feta Cheese, Red Onion, Tomato, Green Pepper, Olives, Cucumbers, Red Peppers and Oregano

## Adam's House Salad

(169cal) Regular \$9.59 Smaller \$7.99  
A Bed of Lettuce, Carrots, Cucumber, Tomato, Sunflower Seeds & Croutons

## GF Cobb Salad

(390cal) \$14.49  
A Bed of Lettuce, Bacon, Crumbled Bleu Cheese, Egg, Avocado, Sprouts and Tomato

## GFO Strawberry Pecan Salad

(251cal) \$13.99

Fresh Strawberries, Candied Pecans, Crumbled Bleu Cheese, Tomato, Red Onion, Over Lettuce. Try it with our House-made Poppy Seed Dressing

## Mexican Tortilla Salad

(305cal) Regular \$10.99 Smaller \$8.49

Crispy Tri-color Tortilla Strips, Monterey Jack & Cheddar Cheese, Avocado, Corn, Tomato, Diced Hot Cherry Peppers over a Bed of Lettuce

## GFO California Club Salad

(400cal) \$14.99

Bacon, Avocado, Egg, Tomato, Sprouts, Cheese, Lettuce, Carrots, Sunflower Seeds, Croutons

## GFO The Head Chef Salad

(608cal) Regular \$15.99 Smaller \$12.99

Turkey Breast, Ham, a Blend of Shredded Cheeses, Tomato, Egg, Cucumber, Carrots & Croutons over A Bed of Lettuce

## GF V The Super Green

(231cal)

Regular \$13.99 Smaller \$10.99

Spring Mix, Spinach, Shredded Kale, Brussel Sprouts, Radicchio, Cabbage, Carrots, Tomatoes, Cucumbers, Garbanzo Beans, Almonds & Craisins

## Chinese Salad

(220cal) Regular \$9.99 Smaller \$7.99

Chow-mein Noodles over a bed of Lettuce, Shredded Carrots, Mandarin Oranges & Sunflower Seeds. Try it with our house-made Sesame Ginger Dressing

## V Crunchy Asian Salad

(382cal) \$14.99

Lettuce, Shredded Kale, Brussel Sprouts, Radicchio, Cabbage, Shredded Carrots, Sliced Red Peppers, Cucumbers, Almonds, Mandarin Oranges, Cilantro & Chow Mein Noodles

## GFO BBQ Ranch Salad

NEW (500cal) Regular \$12.99 Smaller \$9.49

Bacon, Tomato, Corn, Black Beans, Monterey Jack and Cheddar Cheese, Avocado and Crispy Onion Straws over a Bed of Lettuce. Try it with our BBQ Ranch Dressing

## Chopped Antipasto Salad

Regular \$15.99

Diced Salami, Hot Ham, Ham, Fresh Mozzarella, Tomato, Red Onion, Italian Salsa Verde, Pepper S'otto Relish, Cucumbers, Roasted Red Peppers, Croutons over a bed of Shredded Iceberg and Arugula with a topping of Mayo and Balsamic Glaze

## Dressings:

Hidden Valley Ranch(270cal), Italian(230cal), Bleu Cheese (480cal), 1000 Island (250cal), Honey Mustard (325cal), Oil/Vinegar (380cal), Honey Balsamic Vinaigrette (210cal), BBQ Ranch (325cal), Chipotle Ranch (250cal), Sesame Ginger (210cal), Caesar (300cal), Lemon Garlic (320cal), Lemon Wedges (0cal) and Fat Free Raspberry Vinaigrette (50cal) Extra Dressing \$1.99



## Build UR Own Salad GF V

Start with a bed of Romaine or Spring Mix or Arugula(\$1)

\$9.99

### Choose up to 5 toppings: (included)

Black Beans	Hot Cherry Peppers
Carrots	Mandarin Oranges
Corn	Olives
Cranberries	Red Onion
Crispy Onion Straws	Raisins
Croutons	Chow Mein Noodles
Cucumber	Sprouts
Egg	Sunflower Seeds
Garbonzo Beans	Tomatoes
Green Peppers	Tortilla Strips

### Add Salad Extras (\$1.79 each)

Mixed Shredded Cheese
Crumbled Bleu
Feta
Fresh Mozzarella
Cheddar
Swiss
Real Bacon
Candied Pecans
Provolone
Avocado

### Add a Protein

Chicken \$4.59
Crispy Chicken \$4.59
Tuna Salad \$4.59
Chicken Salad \$4.59
Roast Beef \$5.99
Organic Veggie Patty \$4.59
Hummus \$4.59
Grilled Salmon \$6.99



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FREE FOOD!!

ORDER ONLINE @ WWW.ADAMANDJOES.COM AND CLICK FOR FREE COOKIES!

V = VEGAN

GF = GLUTEN FREE

GFO = GLUTEN FREE WITH MODIFICATIONS